



This is the West

Escape to our Landscape...

Steamboat Springs' Cultural Landscape

Recreation Culture: Wild about the Outdoors

For Immediate Release

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Biking Culture:

Steamboat Springs "Spokes" Volumes about Biking

The town's official moniker is "Ski Town USA" however that's only half the story. Although many came to Steamboat Springs for the deep powder snow and perfect weather, once the snow melts biking becomes the sport of choice.

Ride Steamboat in the Summertime ~ Something for Everyone

Mountain Biking: Between the Steamboat Ski Area and surrounding areas, nearly 200 miles of trails climb and descend beginner to expert level, singletrek and fire road all of it minutes from downtown Steamboat Springs. For a long day, try the Mountain View trail at over 10,000 feet along the Continental Divide. Steamboat Springs has a variety of trails for every level and age rider.

Road and Cycle-cross Rides: For road riders there are some great "time trials" to take you out and back over paved county roads and the rolling terrain of the Yampa and Elk River Valleys, or if you're a climber, try Rabbit Ears pass, a 6% grade and gorgeous views. Cycle-cross routes are plentiful as paved county roads turn to dirt and loop around to other roads. A variety of loops exist in all directions from downtown Steamboat Springs.

Family Biking: The most popular trail in town is the Yampa Core Trail, a 7-mile paved trail winding through town along the Yampa River. Parks, picnic tables, and playgrounds are linked by this multi-use trail used by locals and visitors alike.

TV Guide to Biking the 'Boat ~ Cycling Steamboat

Cycling Steamboat has just hit the airwaves of TV-17 in Steamboat Springs! A collaborative effort between local cinematographer Jacob Bell and bike builder Kent Eriksen, *Cycling Steamboat* showcases Steamboat's cycling culture and lifestyle and the various bicycle events that Steamboat has to offer. The show also serves as a trail guide highlighting a few of the areas popular bike trails and areas. If that's not enough during the program Kent will be showing the world how he builds one of his legendary, custom frames. *Cycling Steamboat* airs on local channel 17 at 7pm and is also available as video on demand online at www.cyclesteamboat.com.

Routt County Riders

Routt County Riders was formed to represent all bikers of Northwest Colorado and to this date has received over \$50,000 in grants to build and maintain trails. They also act as a political advocate for road bike safety. Their website, www.routtcountyriders.org, is an excellent reference for riders new to the area with trail and event information.

Steamboat Springs Biking Events

The Rio 24 Hours of Steamboat ~ June 9-10, 2007

Starting at noon, solo and team mountain bikers will strive to complete as many laps as possible in 24 hours in what is dubbed "the climb of your life." Racers climb 2,108 feet from the base of the Steamboat Ski Area to the peak of Thunderhead and cruise down. www.rockypeakproductions.com

Kent Eriksen's Tour de Steamboat ~ August 11, 2007

Rocky Peak Productions presents the third annual Tour de Steamboat. This non-competitive tour brings riders through Northern Colorado's most scenic roadways, starting and ending in Steamboat Springs, Colorado. www.rockypeakproductions.com

The Steamboat Triathlon ~ August 26, 2007

Boulder, Colorado based 5340 Sports presents the first Steamboat Triathlon. The race will include a three-quarter-mile swim, a 20-mile bike ride and a four-mile run in the Lake Catamount area, just south of the City of Steamboat Springs. www.5430sports.com