



For Immediate Release:

Summer 2010

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Summer 2010 Press Kit

When the going gets tough, the tough get – Running!

Steamboat’s running events, trails and community will leave you breathless, in a good way!

Running in Steamboat Springs is serious business. In fact, Colorado Runner Magazine recently selected the Steamboat Springs Running Series as its choice for Colorado’s best race series. From trail running to marathons, Steamboat Springs has a summer running agenda that will literally knock your running socks off.

Steamboat Springs Running Series

In 2010, the Steamboat Springs Running Series celebrates its 14th season with its annual challenges including events like 400-yard fun runs and the Continental Divide trail run exploring some of Colorado’s most spectacular running terrain. Hosting more than 4,500 runners in 14 events these races have helped distinguish this series as the largest in Colorado. Races include some of Steamboat’s favorites like the Steamboat Marathon, the Mount Werner Classic and the Wild West Relay. Mark your calendar and get involved in this great Steamboat Springs summer tradition. For more information about the Steamboat Springs Running Series please visit, www.runningseries.com

Summer 2010 Steamboat Springs Running Series Events

Saturday, May 15th	Spirit Challenge (5K and 10K)
Sunday, June 6th	Steamboat Marathon, Half Marathon, 10K
Saturday, June 12th	Hayden Cog Run (8M, 10K and 5K)
Sunday, June 27th	Craig Duathlon (5K run, 30K bike, 5K run)
Saturday, July 3rd	Mountain Madness (13.1M and 10K)
Sunday, July 4th	Steamboat Sprint (400 yard dash)
Saturday, July 10th	Howelsen Hill 8-Miler (8M and 4M trail)
Saturday, July 24th	Spring Creek Memorial (9M and 5K trail)
Saturday, August 7th	Mount Werner Classic (5M and 12M trail)
Sunday, August 22nd	Continental Divide Trail Run (16M trail)
Saturday, Sept 5th	10k at 10,000 Feet (10K and 5K trail)
Saturday, Sept 11th	Emerald Mountain Trail Run (7M trail)
Saturday, Sept 18th	Run, Rabbit, Run (50 mile ultra)

Steamboat Marathon, Half Marathon and 10K: Sunday, June 6th

The Steamboat Marathon is a nationally recognized running race and has earned accolades throughout the running community. The Marathon course was selected by Runner’s World as one of the “10 Most Scenic Marathons” and one of the “Top 10 Destination Marathons in North America.” The course of the Steamboat Marathon is not just beautiful and scenic; it is also historic and relates to the ranching heritage of Northwest Colorado. The USATF Certified Course begins at historic Hahn’s Peak Village, follows a paved country road down the Elk River Valley and finishes at the Routt County Courthouse in downtown Steamboat Springs. Starting elevation is 8,128’ and the finishing elevation is 6,728’. There is a 500 runner cap for the Steamboat Marathon, a 1,000 runner cap for the Half-Marathon and the 10k race has no cap. For more information or to register, call 970-879-0880 or visit www.steamboatmarathon.com.

Steamboat Triathlon: Sunday, August 29th

A true test of endurance, strength and skill, as the Steamboat Triathlon pushes athletes to their limits. This event combining

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swimming, road biking and running literally tests all disciplines at 6,995 feet. This race course is between sprint and Olympic distance with a $\frac{3}{4}$ mile swim in Lake Catamount, a 20-mile bike ride from Lake Catamount to Howelsen Hill and back and a four-mile run on Lake Catamount property. Not only is this race challenging, it is a beautiful, scenic course. Learn more about the Steamboat Triathlon at www.steamboattriathlon.com.

Run, Rabbit, Run!: Saturday, September 18th

Steamboat's 4th annual ultra 50-mile marathon, Run, Rabbit, Run, features spectacular scenery on one of the most challenging ultra marathon courses in the United States. The race begins at the Steamboat Springs Ski Area and proceeds up Mount Werner along the Continental Divide to Rabbit Ears Peak and back on mountain trails and roads. The course has nearly 9,000 feet of climbing. This event is for the well-trained, well-prepared athlete and is sure to excite even the non-runner. Learn more about Run, Rabbit, Run at www.steamboat50.com.

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